

# COVID-19

## Recognizing Symptoms and What To Do

If you are experiencing any of the following symptoms (not all-inclusive) or any other symptoms that are severe or concerning at work:

**Fever, cough, shortness of breath, fatigue, aches/pains, diarrhea, chills, repeated shaking with chills, vomiting, sore throat, sudden loss of taste or smell**



**STOP STOP**



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**Put on a face covering** (if not wearing one)

**Distance yourself from others**

**Notify your supervisor**

**Get home safely**

**If an emergency, dial 911 or say "Mayday, mayday, mayday" on a radio**